

2022 November

Middle School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Chicken Sandwich (Regular or Spicy)	Brunch For Lunch French Toast Flavored Muffin Chicken Sausage Patties	Pizza (Turkey Pepperoni or Cheese) Caesar Salad	Mac and Cheese Garlic Toast
	International Orange Chicken with White Rice Chicken Pot Sticker	International Chicken Taco in a Bag	International Penne Grilled Chicken Alfredo Breadstick	International General Tso Chicken Lo Mein Noodles
	Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetable	Potato Patties Fresh Fruit Assorted Fresh Vegetables	Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables	Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables
7	8	9	10	11
Chicken Tender (Regular or Spicy) Garlic Breadstick	No School	Mini Chicken Corndogs Chips	Chicken Wing Day Salted Pretzel with Cheese Sauce	Build your own Beef Nachos (Beef Taco Meat / Cheese Sauce) Corn Tortilla Chips
International Rotini and Beef Meat Sauce Garlic Breadstick Parmesan Spinach Alfredo with Tortilla Chips Fresh Fruit Assorted Fresh Vegetables		International Baja Beef Burrito Bowl with Flour Tortilla Cilantro Lime Rice Buttered Corn Fresh Fruit Assorted Fresh Vegetable Southwest Beans	International Cheeseburger Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetable	International Sesame Chicken with Fried Rice Vegetable Eggroll Oven Roasted Sweet Potatoes Fresh Fruit Assorted Fresh Vegetables
14	15	16	17	18
Grilled Cheese Tomato Soup	Country Fried Beef Steak Mashed Potatoes & Country Gravy Breadstick	Brunch For Lunch French Toast Flavored Muffin Chicken Sausage Patties Potato Patties	Pizza (Buffalo Chicken or Cheese Pizza) Caesar Salad	All Beef Hotdog Curly Fries Baked Beans
International Thai Sweet Chili Chicken with White Rice Chicken Pot Sticker Buffalo Cauliflower Fresh Fruit Assorted Fresh Vegetables	International Penne Grilled Chicken Alfredo Breadstick Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables	International Chicken Sandwich (Regular or Spicy) Oven Roasted Broccoli Fresh Fruit Assorted Fresh Vegetables	International Roast Turkey with Gravy Mashed Potatoes Bread Dressing Dinner Roll Buttered Corn Fresh Fruit Assorted Fresh Vegetables JonnyPops Popsicle	International Teriyaki Chicken Lo Mein Noodles Creamy Coleslaw Fresh Fruit Assorted Fresh Vegetables
21	22	23	24	25
Chicken Wing Day Salted Pretzel with Cheese Sauce	Cheeseburger	Chicken Bites Mashed Potatoes and Chicken Gravy Dinner Roll	No School	No School
International Rotini and Beef Meatball Marinara Garlic Breadstick Parmesan Spinach Alfredo with Tortilla Chips Fresh Fruit Assorted Fresh Vegetables	International KC Mesquite BBQ Chicken Drumstick Cornbread Fritos Sweet Potato Fries Fresh Fruit Assorted Fresh Vegetables Baked Beans	International Italian Dunker with Marinara Sauce Caesar Salad Mashed Potatoes and Chicken Gravy Fresh Fruit Assorted Fresh Vegetables		
28	29	30		
Sloppy Joes Fritos	Chicken Sandwich (Regular or Spicy)	Brunch For Lunch French Toast Flavored Muffin Chicken Sausage Patties		
International Poppin' Flavored Popcorn Chicken Day Southern Style OR Nashville Hot Fritos Garlic California Vegetables Fresh Fruit Assorted Fresh Vegetables Baked Beans	International Orange Chicken with White Rice Chicken Pot Sticker Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetable	International Chicken Taco in a Bag Potato Patties Fresh Fruit Assorted Fresh Vegetables		
Offered Daily				
Manager Choice Grab and Go Salad	Manager Choice Grab and Go Sandwich	Manager Choice Grab and Go Salad	Manager Choice Grab and Go Sandwich	Manager Choice Grab and Go Salad

IN SCHOOL OFFERED DAILY:

Manager Choice of: Yogurt Parfait, or Peanut Butter or Sun Butter and Jelly sandwich

*In the event that school is closed due to inclement weather, the menu offerings from the initial day school is closed will be the offerings on the following school day.

This institution is an equal opportunity provider.