| 2022 December <br> Middle School Lunch |  |  | Osseo Area Schools |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  | $\text { ISD } 279$ |  |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|  |  |  | 1 | 2 |
|  |  |  | Pizza <br> (Turkey Pepperoni or Cheese) <br> Caesar Salad <br> International <br> Penne Grilled Chicken Alfredo <br> Garlic Breadstick <br> Steamed Seasoned Broccoli <br> Fresh Fruit <br> Assorted Fresh Vegetables | No School |
| 5 | 6 | 7 | 8 | 9 |
| Chicken Tender (Regular or Spicy) Garlic Breadstick | Breaded Chicken Drumstick Mashed Potatoes Chicken Gravy Dinner Roll | Mini Chicken Corndogs Chips | Chicken Wing Day Salted Pretzel with Cheese Sauce | Build your own Beef Nachos (Beef Taco Meat / Cheese Sauce) Corn Tortilla Chips |
| International | International | International | International | International |
| Rotini and Beef Meat Sauce <br> Garlic Breadstick Parmesan Spinach Alfredo w/ Tortilla Chips Fresh Fruit Assorted Fresh Vegetables | Italian Dunker with Marinara Sauce <br> Caesar Salad Savory Green Beans with Onions Fresh Fruit Assorted Fresh Vegetables | Baja Beef Burrito Bowl with Flour Tortilla <br> Cilantro Lime Rice Buttered Corn Fresh Fruit Assorted Fresh Vegetable Southwest Beans | Cheeseburger <br> Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetable | Sesame Chicken with Fried Rice <br> Garlic Breadstick Oven Roasted Sweet Potatoes Fresh Fruit Assorted Fresh Vegetables Fresh Baked Cookie |
| 12 | 13 | 14 | 15 | 16 |
| Grilled Cheese <br> Tomato Soup | Country Fried Beef Steak <br> Mashed Potatoes \& Country Gravy Dinner Rolll | Brunch For Lunch <br> French Toast Flavored Muffin Chicken Sausage Patties Potato Patties | $\begin{gathered} \text { Pizza } \\ \text { (Buffalo Chicken or Cheese Pizza) } \\ \text { Caesar Salad } \end{gathered}$ | Buffalo Mac and Cheese with Nashville Hot Chicken Garlic Toast |
| International | International | International | International | International |
| Thai Sweet Chili Chicken with White Rice Chicken Pot Sticker Buffalo Cauliflower Fresh Fruit Assorted Fresh Vegetables | Penne Grilled Chicken Alfredo Dinner Roll Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables | Chicken Sandwich (Regular or Spicy) Oven Roasted Broccoli Fresh Fruit Assorted Fresh Vegetables | Beef Walking Tacos Buttered Corn Fresh Fruit Assorted Fresh Vegetables Black Bean Salad | Teriyaki Chicken Lo Mein Noodles Creamy Coleslaw Fresh Fruit Assorted Fresh Vegetables |
| 19 | 20 | 21 | 22 | 23 |
| Chicken Wing Day Salted Pretzel with Cheese Sauce | Cheeseburger | Chicken Bites Mashed Potatoes and Chicken Gravy Dinner Roll | Winter Break | Winter Break |
| International | International | International |  |  |
| Rotini and Beef Meatball Marinara Garlic Breadstick <br> Parmesan Spinach Alfredo with Tortilla Chips <br> Fresh Fruit Assorted Fresh Vegetables | KC Mesquite BBQ Chicken Drumstick <br> Cornbread Fritos <br> Sweet Potato Fries <br> Fresh Fruit <br> Assorted Fresh Vegetables Baked Beans | Italian Dunker with Marinara Sauce <br> Caesar Salad <br> Mashed Potatoes and Chicken Gravy <br> Fresh Fruit <br> Assorted Fresh Vegetables Mini Ice Cream Sandwich |  |  |
| 26 | 27 | 28 | 29 | 30 |
| Winter Break | Winter Break | Winter Break | Winter Break | Winter Break |
| Offered Daily |  |  |  |  |
| Manager Choice Grab and Go Salad | Manager Choice Grab and Go Sandwich | Manager Choice Grab and Go Salad | Manager Choice Grab and Go Sandwich | Manager Choice Grab and Go Salad |

Manager Choice of: Yogurt Parfait, or Peanut Butter or Sun Butter and Jelly sandwich
*In the event that school is closed due to inclement weather, the menu offerings from the initial day school is closed will be the offerings on the following school day.
This institution is an equal opportunity provider.

