

2022 January
Middle School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Beef Meatball Sub Chips	Chicken Sandwich Regular or Spicy	Brunch For Lunch French Toast Chicken Sausage Patties	Pizza (Turkey Pepperoni or Cheese) Caesar Salad	Mac and Cheese Breadstick
International	International	International	International	International
Chicken Taco in a Bag Oven Roasted Sweet Potatoes Fresh Fruit Assorted Fresh Vegetables	Orange Chicken with White Rice Chicken Pot Sticker Roasted Broccoli Fresh Fruit Assorted Fresh Vegetable	Burrito Day Chicken Verde Burrito OR Bean and Cheese Chili Relleno Burrito Potato Patties Fresh Fruit Assorted Fresh Vegetables	General Tso Chicken Lo Mein Noodles Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables	Penne Grilled Chicken Alfredo Breadstick Garlic California Vegetables Fresh Fruit Assorted Fresh Vegetables
Manager Choice Grab and Go Salad	Manager Choice Grab and Go Sandwich	Manager Choice Grab and Go Salad	Manager Choice Grab and Go Sandwich	Manager Choice Grab and Go Salad
10	11	12	13	14
Chicken Tender (Regular or Spicy) Breadstick	Mini Chicken Corndog Chips	Breaded Chicken Drumstick Mashed Potatoes Chicken Gravy Dinner Roll	Stromboli with Marinara Sauce	Cheesy Beef and Cheddar Hoagie Baked Beans
International	International	International	International	International
Rotini and Beef Meat Sauce Breadstick Parmesan Spinach Alfredo Fresh Fruit Assorted Fresh Vegetables	Baja Beef Burrito Bowl with Flour Tortilla Cilantro Lime Rice Buffalo Cauliflower Fresh Fruit Assorted Fresh Vegetable	Pizza (Mexican Beef Fiestada or Cheese) Savory Green Beans with Onions Fresh Fruit Assorted Fresh Vegetables	Cheesy Beef Totchos Fritos Corn Chips Tater Tots Fresh Fruit Assorted Fresh Vegetable	Sesame Chicken Lo Mein Noodles Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables
Manager Choice Grab and Go Salad	Manager Choice Grab and Go Sandwich	Manager Choice Grab and Go Salad	Manager Choice Grab and Go Sandwich	Manager Choice Grab and Go Salad
17	18	19	20	21
No School	Brunch For Lunch French Toast Chicken Sausage Patties Potato Patties	BBQ Beef Rib Sandwich	Pizza (Turkey Pepperoni and Cheese Pizza) Caesar Salad	All Beef Hotdog Curly Fries
	International	International	International	International
	Burrito Day Shredded Beef Chili Colorado Burrito OR Bean and Cheese Chili Relleno Burrito Seasoned Steamed Broccoli Fresh Fruit Assorted Fresh Vegetables	Teriyaki Chicken with Fried Rice Chicken Pot Sticker Ginger Stir-Fried Vegetables Fresh Fruit Assorted Fresh Vegetables	Beef Walking Tacos Stemed Corn Fresh Fruit Assorted Fresh Vegetables	Penne Alfredo with Italian Chicken Sausage Breadstick Creamy Coleslaw Fresh Fruit Assorted Fresh Vegetables Fresh Baked Cookie
	Manager Choice Grab and Go Sandwich	Manager Choice Grab and Go Salad	Manager Choice Grab and Go Sandwich	Manager Choice Grab and Go Salad
24	25	26	27	28
Sub Sandwich Day Turkey/Cheese or Turkey Ham/Cheese Cold Hoagie Sandwich Potato Chips	Cheeseburger Baked Beans	Chicken Nugget Mashed Potato Bowl Dinner Roll	Mini Chicken Corndogs Potato Chips	Cheesy Beef Totchos Fritos
International	International	International	International	International
Rotini and Beef Meatball Marinara Breadsticks Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables	Chicken Burrito Bowl with Flour Tortilla Cilantro Lime Rice Curly Fries Fresh Fruit Assorted Fresh Vegetables	Italian Dunker with Marinara Sauce Mashed Potatoes and Chicken Gravy Buttered Corn Fresh Fruit Assorted Fresh Vegetables	Hearty Beef Lasagna Breadstick Steamed Green Beans Fresh Fruit Assorted Fresh Vegetables	Spicy Szechuan Chicken Lo Mein Noodles Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables
Manager Choice Grab and Go Salad	Manager Choice Grab and Go Sandwich	Manager Choice Grab and Go Salad	Manager Choice Grab and Go Sandwich	Manager Choice Grab and Go Salad
31				
No School				

IN SCHOOL OFFERED DAILY:
Yogurt Parfait, or Peanut Butter or Sun Butter and Jelly sandwich
This institution is an equal opportunity provider.